

Guidelines for recommended OB and Well Child Check visits:

Appointment for:	Timeframe	Schedule an appointment	Appointment details
Mom	12-27 weeks gestational age	*Every 4 weeks	OB check-up
Mom	28-35 weeks gestational age	*Every 2 weeks	OB check-up
Mom	36-40 weeks gestational age	*Every week	OB check-up
Baby *Mom should schedule an appointment for herself based on the hospital discharge instructions	3-5 days after delivery	3-5 days after delivery	Baby's first check-up Delivery follow-up (baby & mom*) *Schedule mom if there is a clinical reason to do so (based on hospital discharge instructions, mom has lactation concerns or desire to be seen)
Baby	2 weeks old	7-15 days old	Blood test Check-up
Mom	4-6 weeks after delivery	4-6 weeks after delivery	Post partum check-up
Baby	6-8 weeks after delivery (2 month WCC)	6-8 weeks after delivery	Physical & vaccines
Baby	4 months old	At 4 months of age	Physical & vaccines
Baby	6 months old	At 6 months of age	Physical & vaccines
Baby	9 months old	At 9 months of age	Check-up
Baby	1 year old	At 1 year of age	Physical, vaccines & lead test
Baby	15 months old	At 15 months of age	Check-up
Baby	18 months old	At 18 months of age	Check-up
Baby	2 years old	Around 2 nd birthday	Physical, vaccines & lead test
Baby	3 years old	Around 3 rd birthday	Physical & vaccines
Baby	4 years old	Around 4 th birthday	Physical & vaccines
Baby	5 years old	Around 5 th birthday	Physical & vaccines

*The frequency of appointments varies depending on the pregnancy. Unless otherwise notified, please be sure you are seen according to the timeframes listed above.