

Guidelines for Prenatal and Well Child Check Visits:

Appointment for	Timeframe	Schedule an appointment	Appointment details
Pregnant person	12-27 weeks of pregnancy (about 3 - 6 months)	Every 4 weeks	Prenatal Visit
Pregnant person	28-35 weeks of pregnancy (about 7 - 8 months)	Every 2 weeks	Prenatal Visit Schedule dental exam*
Pregnant person	36-40 weeks of pregnancy (about 9 months)	Every week	Prenatal Visit
Pregnant person	After 40 weeks of pregnancy	As directed by medical provider	Prenatal Visit
Baby Pregnant person	3-5 days after delivery	3-5 days after delivery	Baby's first physical Pregnant person as directed by hospital discharge instructions or if concerns
Baby	2 weeks	7-15 days old	Blood test and physical
Pregnant Person	6-8 weeks after delivery	6-8 weeks after delivery	Postpartum check and contraception
Baby	6-8 weeks after delivery (2 month WCC)	6-8 weeks after delivery	Physical & vaccines
Baby	4 months	At 4 months of age	Physical & vaccines
Baby	6 months	At 6 months of age	Physical & vaccines
Baby	9 months	At 9 months of age	Physical & vaccines (as needed)
Baby	1 year	At 1 year of age	Physical, vaccines, lead & anemia test Dental visit*
Baby	15 months	At 15 months of age	Physical & vaccines (as needed)
Baby	18 months	At 18 months of age	Physical & vaccines
Baby	2 years	Around 2 nd birthday	Physical, vaccines, lead & anemia test Dental visit*
Baby	2 ½ years	Around 2 ½ years of age	Physical
Baby	3 years	Around 3 rd birthday	Physical and Dental visit*
Baby	4 years	Around 4 th birthday	Physical & vaccines and Dental visit*
Baby	5 years	Around 5 th birthday	Physical & Vaccines and Dental visit*

The frequency of appointments varies depending on the pregnancy. Unless otherwise notified, please be sure you are seen according to the timeframes listed above.

*Dental visit scheduled separately